



EXECUTIVE COACHING





REACH

YOUR PROFESSIONAL POTENTIAL

The Benefits

- Take control of your professional development and career objectives.
- Build a framework for your professional growth.
- Establish a structure of accountability around your goals.
- Learn what neuroscience is telling us about our brains at work, and how to apply in your environment.
- Explore the world of business beyond your environment to openly discuss and develop actions in all matters relating to life as a senior executive.
- Partner with a business and leadership practitioner who will draw from experience and learnings at CEO and Board Chair level.



The Structure

- Initial coaching session to build the framework for your professional growth.
- Ongoing session structure will include:
 - your progress
 - new learning
 - next steps
- Each session will include pre and post activities to build and embed new skills.
- Between session phone and email support in the practice of your new learning.

'If you are looking for someone to help guide and support you on the road to becoming a better leader, I cannot recommend Lorraine's coaching highly enough.

I have recommended her teachings to colleagues in other industries, looking for an inspiring business coach, and I have seen them flourish under Lorraine's guidance as much as I have.

Regional Head, Australia - 2018



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